Lesson 10: Expect Respect SF (part 2)

OBJECTIVES

1. Students will be able to identify power and control tactics in unhealthy and abusive relationships.
2. Students will understand the key concepts of healthy relationships.
3. Students will discuss how clear communication is essential to healthy relationships.
4. Students will identify resources and ways to stay safe in relationships.

AGENDA

5 minutes  Do Now
45 minutes  Expect Respect Presentation
Homework  Media, Gender, & Relationships

MATERIALS

• Homework: Media, Gender, & Relationships

CALIFORNIA HEALTH EDUCATION STANDARDS

1.3.G Discuss the characteristics of healthy relationships, dating, committed relationships, and marriage.
4.1.G Analyze how interpersonal communication affects relationships.
5.3.G Use a decision-making process to analyze when it is necessary to seek help with or leave an unhealthy situation.
8.1.G Encourage and support safe, respectful, and responsible relationships.
Lesson 10: Expect Respect SF (part 2)

BEFORE THE CLASS
For this lesson, contact the Expect Respect San Francisco program through City College of San Francisco to schedule the presentations. Please contact them at least two weeks in advance to schedule the presentation.

Adele Failes Carpenter
Expect Respect San Francisco (ERSF)
City College of San Francisco
50 Phelan Avenue, Box S-55
San Francisco, CA 94112
415-239-3899
afailes@ccsf.edu

DO NOW 5 minutes

Materials
• Every student needs a notebook, journal, or paper and a pen
• Flipchart or whiteboard and markers

Activity
Write on board and have students complete the following question:
   How does someone know if they are in an unhealthy relationship?

EXPECT RESPECT PRESENTATION 45 minutes

Activity
Introduce the presenters from Expect Respect (ERSF) and remind students about the classroom agreements.

ERSF will present to the class. Support the ERSF presenters by assisting with classroom management.

HOMEWORK

Media, Gender, and Relationships
Homework: Media, Gender, & Relationships

Name: ____________________________
Period: ___________________ Date: __________________

Directions: Watch a television show, read a short story, magazine, or comic, or think about a book you have read, or a movie you have seen that features teens in romantic relationships with each other. Think about that relationship and write your answers to the following questions.

Media Source: ____________________________
Relationship/the characters: ____________________________

1. What gender roles, issues, and/or stereotypes were present in the relationship?

2. How did these roles, issues, and stereotypes affect the relationship?

3. How do you think the relationship shown in the media source (book/movie/show/comic) affects or influences the attitudes and actions of real-life teens?