Lesson 17: Teen Parenting & Awareness

OBJECTIVES

1. Students will learn about some of the choices parenting teens have to make in order to care for their baby and themselves.
2. Students will understand the realities of teen parenting from peer speakers.
3. Students will reflect on how being a teen parent could have an impact on their own lives.

AGENDA

5 minutes     Do Now
45 minutes    Presentation by T-RAPP staff & speakers
Homework     Exploring Teen Pregnancy

MATERIALS

- Vocabulary Reference List
- Scrap Paper (Optional)
- Homework: Exploring Teen Pregnancy

CALIFORNIA HEALTH EDUCATION STANDARDS

4.1.G Analyze how interpersonal communication affects relationships.

1.11.G Evaluate the benefits to mother, father, and child when teenagers wait until adulthood to become parents.

2.1.G Determine personal, family, school, and community factors that can help reduce the risk of engaging in sexual activity.

2.2.G Evaluate how growth and development, relationships, and sexual behaviors are affected by internal and external influences.

5.4.G Evaluate the risks and consequences associated with sexual activities, including HIV, other STDs, and pregnancy.

5.6.G Use a decision-making process to evaluate the social, emotional, physical, and economic effects of teen pregnancy on the child, the teen parent, the family, and society.

BEFORE THE CLASS

For this lesson, contact the Teen Pregnancy and Parenting Program to schedule a presentation. Send requests to:

Rosaura Diaz, Program Director
415-695-8300 x589
rdiaz@felton.org (cc: trapp@felton.org)

Be Real. Be Ready.
Lesson 17: Teen Parenting & Awareness

DO NOW ACTIVITY 5 minutes

Materials
- Every student needs a notebook, journal, or paper and a pen
- Flipchart or whiteboard and markers

Activity
Write on board and have students complete the following question:
List three ways that becoming a teen parent could (or has) change your life.
If there is time, ask a few students to share their responses.

PRESENTATION FROM T-RAPP 45 minutes

Materials
- Optional: Scrap paper for students to write questions

Activity
Introduce the T-RAPP staff and presenters. Remind students of the classroom rules on behavior expectations for having guest speakers. T-RAPP will present to the class. Support the T-RAPP presenters by assisting with classroom management.

The T-RAPP presenters will discuss the following:
- Choices teen parents must make when deciding who takes care of the child,
- Expenses that come with a baby and how difficult it is to find resources to take care of the baby and yourself, and
- Their personal stories of being teen parents and what kinds of experiences they have been through.

After the presentation there will be time for student questions.

HOMEWORK

Exploring Teen Pregnancy

Teacher Tip:
Pass out scrap paper for students to write down questions as the speakers are talking. Collect the question papers at the end and have speakers answer the questions they are comfortable answering.
Homework: Exploring Teen Pregnancy

Name: __________________________________________________________
Period: ____________________ Date: ___________________

Directions: Answer all of the questions with one or two paragraphs each. Please use classroom appropriate language and be thoughtful and respectful in your answers. Credit will be assigned based on how you put thought into your response.

1. What are some things a teen could do if they are not ready to start a pregnancy?

2. What are some reasons a teen might choose to become a parent? What are some reasons a teen might choose to not become a parent?

3. How do you think parenting as a teen is similar and different to parenting as an adult?

4. What support and/or advice would you give to a friend who confides in you about facing an unplanned pregnancy?