Teens in California have the right to:

- Get testing and treatment for STIs, including HIV
- Access birth control, including emergency contraception
- Access pregnancy testing and prenatal care
- Seek pregnancy options counseling and abortion services

If you are 12 or older, you do not need anyone else’s permission to access these services. You can decide for yourself, and you should expect that all information you share in a clinic will be kept confidential unless you decide to share it.

For help finding a clinic that’s right for you, visit your school social worker or school nurse. High school students visit your school Wellness Center, or go to sfwellness.org

HOTLINES

- California Youth Crisis Line 800-843-5200
- SF Women Against Rape 415-647-7273
- La Casa de las Madres 877-923-0700
- SF Suicide Prevention Hotline 415-781-0500
- Huckleberry House 24-Hour Teen Crisis Hotline 415-621-2929
- Trevor Project Hotline 866-488-7386

TEXT LINES

24/7 Crisis Text line - Text MYLIFE to 741741

SEXUAL HEALTH WEBSITES

- plannedparenthood.org
- scarleteen.com
- sexetc.org

MISSION & CASTRO

Mission Neighborhood Health Center Teen Clinic
240 Shotwell St. | 415-552-3870 x366
Mon & Thurs: 1:30-5 p.m.
tinyurl.com/mnhc-teen

Planned Parenthood
1650 Valencia St. | (415) 821-1282
plannedparenthood.org
Mon, Tue & Thurs: 8:30 a.m. – 8 p.m.
Wed, Fri & Sat: 8:30 a.m. – 5 p.m.

Dimensions Clinic
3850 17th St. | 415-934-7757
Thur: 5-8 p.m. Sat: 12-3 p.m.
dimensionsclinic.org

Services provided at each clinic offers:

- Pregnancy Testing
- LGBTQ Counseling
- HIV/STI Testing
**Western Addition & Haight**

**Kaiser Permanente Teen Clinic**
555 Cole St. | 415-751-8181
Mon, Wed & Fri: 9:30 a.m. – 5 p.m.
Tue: 2-5 p.m. Thurs: 2-6 p.m.
huckleberryyouth.org

**UCSF Adolescent and Young Adult Clinic**
400 Parnassus Ave., 2nd Floor | 415-353-2002
Mon, Wed, Fri: 1-5 p.m. Tue: 8:30 a.m. – 12 p.m.
Thurs: 3-5 p.m.
tinyurl.com.ucsf-teen

**Mission Bay & Potrero Hill**

**Huckleberry Cole St. Youth Clinic**
1000 Cayuga Ave., Room 156 | 415-469-4512
Mon, Tue, Thurs & Fri: 8:30 a.m. – 5 p.m.
Wed: 10 a.m. - 5 p.m.
Note: Serves only Balboa students during school hours.
tinyurl.com/balboaclinic

**Balboa Teen Health Center**
1000 Cayuga Ave., Room 156 | 415-469-4512
Mon, Tue, Thurs & Fri: 8:30 a.m. – 5 p.m.
Wed: 10 a.m. - 5 p.m.
Note: Serves only Balboa students during school hours.
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**UCSF Adolescent and Young Adult Clinic**
400 Parnassus Ave., 2nd Floor | 415-353-2002
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Thurs: 3-5 p.m.
tinyurl.com.ucsf-teen

**New Generation Health Center**
625 Potrero Ave. | 415-502-8336
Mon, Wed, Fri: 9 a.m. – 5 p.m.
Tue & Thurs: 10 a.m. – 6 p.m.
newgen.ucsf.edu

**Planned Parenthood at the Good Samaritan Family Resource Center**
1294 Potrero Ave. | 415-401-8737
Wed & Fri: 9:30 a.m. – 6 p.m.
plannedparenthood.org

**UCSF Adolescent and Young Adult Clinic**
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tinyurl.com.ucsf-teen

**Women’s Community Clinic**
1833 Fillmore Street, 3rd Floor | 415-379-7800
Mon & Thurs: 1-9 p.m. Tue 9 a.m. – 9 p.m.
Wed & Fri 9 a.m. - 5 p.m. Sat 9 a.m.-1 p.m.
womenscommunityclinic.org