

# Healthy Me. Healthy Us.

## Lessons

**Lesson 1:** Agreements Gender & Sexuality

**Lesson 2:** A Place in the Middle

**Lesson 3:** Authentic Consent

**Lesson 4:** Everybody's Got Body Parts: The Male Reproductive & Sexual System

**Lesson 5:** Everybody's Got Body Parts: The Female Reproductive & Sexual System

**Lesson 6:** Menstruation & Pregnancy

**Lesson 7:** Birth Control

**Lesson 8:** HIV, AIDS and Other STI's

**Lesson 9:** Using Condoms & Dental Dams Effectively – Rights & Resources

**Lesson 10:** Healthy Relationships

**Lesson 11:** Healthy Relationship and Preventing Sexual Harassment

**Lesson 12:** Understanding Boundaries & Setting Boundaries

**Lesson 13:** Preventing Sexual Assault & Human Trafficking