Healthy Me. Healthy Us.

Lessons

Lesson 1: Agreements Gender & Sexuality
Lesson 2: A Place in the Middle
Lesson 3: Authentic Consent
Lesson 4: Everybody’s Got Body Parts: The Male Reproductive & Sexual System
Lesson 5: Everybody’s Got Body Parts: The Female Reproductive & Sexual System
Lesson 6: Menstruation & Pregnancy
Lesson 7: Birth Control
Lesson 8: HIV, AIDS and Other STI’s
Lesson 9: Using Condoms & Dental Dams Effectively – Rights & Resources
Lesson 10: Healthy Relationships
Lesson 11: Healthy Relationship and Preventing Sexual Harassment
Lesson 12: Understanding Boundaries & Setting Boundaries
Lesson 13: Preventing Sexual Assault & Human Trafficking