

School Health Programs
Save the Dates
Elementary Level
2016-2017

Health Education Afternoon Professional Development
(Registration required; stipends provided unless otherwise noted)

Come to the following professional developments to receive best practices and materials in order to teach Health and prepare your students for the topics covered in the new report card! Remember we are mandated to teach twenty lessons of Health each year; five lessons of violence prevention, five lessons of HIV prevention (puberty for upper grades), three lessons of substance use prevention, two lessons of family diversity, two lessons of nutrition, and the three remaining lessons based on student needs.

| Date /All meetings at SHP, 1515 Quintara St. unless otherwise noted | Topic | Audience |
|---|---|---|
| September 29, 2016 4:00 – 6:00 p.m. | Substance Use Prevention <i>Best practices and review of substance use prevention curricula</i> | <i>Teachers in grades K – 5 and SHP staff</i> |
| October 13, 2016 4:00 – 6:00 p.m. | Wellness Policy <i>Review of wellness policy</i> | <i>Teachers in grades K – 5 and SHP staff</i> |
| October 26, 2016 4:00 – 6:00 p.m. | Violence Prevention <i>Best practices and review of violence prevention curricula</i> | <i>Teachers in grades K – 5 and SHP staff</i> |
| November 30, 2016 4:00 – 6:00 p.m. | How to Teach about HIV/AIDS <i>Best practices and review of K-5 HIV/AIDS curricula</i> | <i>Teachers in grades K – 5 and SHP staff</i> |
| February 2, 2017 4:00 – 6:00 p.m. | How to Teach about Puberty <i>Best practices and review of puberty curricula</i> | <i>Teachers in grades K – 5 and SHP staff</i> |
| March 8, 2017 4:00 – 6:00 p.m. | LGBTQ Family Diversity <i>Lessons and resources on family diversity</i> | <i>Teachers in grades K – 5 and SHP staff</i> |

FOR MORE INFORMATION: Registration information will appear in the WAD, contact your Health Advocate/Health Education Teacher Leader or call School Health Programs at (415) 242-2615.