



School Health Programs



Save the Dates 2017 - 2018 : Health Education in the Afternoon
 Elementary Level Professional Development Series

Audience: TK – 5 and teachers and staff

Registration required; stipends provided unless otherwise noted

Location: School Health Programs or if noted School Site TBD

- Receive **best practices** and **materials to teach Health**
- Prepare your students for the health topics covered in the **new report card!**
- **Remember:** Classroom teachers are mandated to **teach 20 lessons of Health** each year: 5 lessons on violence prevention, 5 on HIV prevention (puberty for upper grades), 3 on substance use prevention, 2 on family diversity, 2 on nutrition, and 3 lessons based on students’ needs.

<p>October 5, 2017 tentative: 3, 4, 11 4:00 p.m. - 6:00 p.m.</p>	<p>Health Report Card Assessments (3 sessions at 3 sites) <i>Review recommended curricula and assessments</i></p>
<p>Wed., October 25, 2017 4:00 p.m. - 6:00 p.m.</p>	<p>Be an Ally & Stand Up for Peace <i>Review violence prevention curricula, Second Step and best practices</i></p>
<p>Tuesday, November 7, 2017 8:00 a.m. – 3:30 p.m.</p>	<p>Puberty Education Professional Development (Planned Parenthood) <i>5th grade and 6th grade Certificated and Classified SHP Staff</i></p>
<p>Wed., January 24, 2018 4:00 p.m. - 5:30 p.m.</p>	<p>Safe Touch <i>Review of new safe touch curriculum</i></p>
<p>Wed., February 7, 2018 4:00 p.m. - 6:30 p.m.</p>	<p>Growing Bodies & Active Consent <i>Review growth & development, puberty, HIV/AIDS, and consent curricula and best practices</i></p>
<p>Thur., March 15, 2018 4:00 p.m. – 6:00 p.m.</p>	<p>Puberty Education Professional Development Follow-up (Planned Parenthood) <i>5th grade and 6th grade Certificated and Classified SHP Staff</i></p>
<p>Tues., March 13, 2018 4:00 p.m. - 6:00 p.m.</p>	<p>One of a Kind, Like Me/Único Como Yo? <i>LGBTQ Family & Gender Diversity in Elementary School Workshop</i></p>



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Additional Professional Development Opportunities:

- Health Advocate Meetings: 9/20/17, 1/24/18 and 4/11/18, 4:00 p.m. - 6:00 p.m.
- School *Be Well* Wellness Committees (BeWell)--Open to two staff per school (EED, ES, K/8, MS, HS):
 - BeWell 1: Monday August 14, 8:30 - 12:30 p.m.
 - BeWell 2: Wednesday, September 13, 2017
 - BeWell 3: Wednesday, November 15, 2017
 - BeWell 4: April 2018, Date TBD

*Stipends not available--Prop A funding may be used based on agreement between you and your site administrator

FOR MORE INFORMATION: Registration information will appear in the WAD, contact your Health Advocate or call Erica Lingrell at School Health Programs at (415) 242-2615.